

# LUNCH MENU - WEEK 1

## KITCHEN FAVOURITES

## WORLD TOUR

## MARKET FRESH

## SOMETHING SWEET

### MONDAY

#### MAINS

Vegan Meatballs in Tomato Sauce  
Braised Pork Meatballs in Tomato Sauce

#### SIDES

Farfalle Pasta, Garlic Slice, Green Beans,  
Baton Carrots

#### TASTES OF THE Americas

##### BASE:

Skinny Fries, Charred Corn on the  
Cob, Rainbow Coleslaw

##### PROTEIN:

BBQ Chicken Wings  
Cauliflower Wings

#### JACKET AND PASTA BAR

Selection of Baked Potatoes  
Sweet Potatoes, Butternut Squash  
Grated Cheese  
Baked Beans

Farfalle Pasta  
Tomato & Basil Sauce  
Garlic Bread  
Parmesan

#### SALAD

Roasted Vegetable and Chilli  
Rice, White Cabbage  
Coleslaw, Fennel and Orange  
, Cucumber , Tomato Mixed  
Leaf Salad Beetroot , Red  
Onion

Chocolate and Cherry Sponge  
served with Chocolate Custard

Seeded Flapjack

Rocky Road

Yoghurt with Granola

### TUESDAY

#### MAINS

Crispy Quorn Filet Katsu Curry  
Crispy Chicken Katsu Curry

#### SIDES

Boiled Rice, Poppadom,  
Peas, Turmeric Cauliflower

#### TASTES OF VIETNAM

**BASE:** Chow Mein Noodles

Banh Mi Mayonnaise,  
Mango Salad, Pickled Cabbage

**PROTEIN:** Vietnamese

Banh Mi Pork  
Banh Mi Mayonnaise, Mango  
Salad

#### JACKET AND PASTA BAR

Selection of Baked Potatoes  
Sweet Potatoes, Butternut Squash  
Grated Cheese  
Baked Beans

Farfalle Pasta  
Tomato & Basil Sauce  
Garlic Bread  
Parmesan

#### SALAD

Pesto Pasta , Red Cabbage  
Coleslaw, Lemon infused  
Couscous Cucumber ,  
Tomato Mixed Leaf Salad  
Beetroot , Red Onion

Warm Sweet Waffles served with a  
Raspberry Coulis and Toffee  
Sauce

Grape Pots

Vanilla Iced Sponge

Chocolate Chip Shortbread

### WEDNESDAY

#### MAINS

Halloumi Traybake  
Roast Pork & Apple Sauce

#### SIDES

Roast Potatoes, Sliced Carrots  
Cauliflower Cheese, Broccoli

#### TASTES OF MEXICO

##### BASE:

Boiled Rice, Nachos, Guacamole,  
Salsa, Sour cream

##### PROTEIN:

Beef Chilli (H)  
Vegan Chilli

#### JACKET AND PASTA BAR

Selection of Baked Potatoes  
Sweet Potatoes, Butternut Squash  
Grated Cheese  
Baked Beans

Farfalle Pasta  
Tomato & Basil Sauce  
Garlic Bread  
Parmesan

#### SALAD

Waldorf Salad , Wonky Box  
Coleslaw, New Potato Salad  
with Fresh Mint, Anchovies  
Tomato Mixed Leaf Salad  
Beetroot , Red Onion

Lemon Drizzle Sponge

Fresh Fruit Salad

Raspberry Muffins

Chocolate Chip Cookies

### THURSDAY

#### MAINS

Chipotle Vegan Mince and Mexican Mixed  
Bean Nachos  
Mexican Beef and Bean Loaded Nachos

#### SIDES

Baked Wedges, Sweetcorn & Peppers,  
Salsa, Crunchy Salad

#### TASTES OF BRITISH

##### BASE:

Creamed Carrots & Swede,  
Thyme Roasted New Potatoes,  
Gravy

**PROTEIN:** Crispy Chicken Pie

#### JACKET AND PASTA BAR

Selection of Baked Potatoes  
Sweet Potatoes, Butternut Squash  
Grated Cheese  
Baked Beans

Farfalle Pasta  
Tomato & Basil Sauce  
Garlic Bread  
Parmesan

#### SALAD

Roasted Vegetable and Chilli  
Rice, White Cabbage  
Coleslaw, Fennel and Orange  
, Cucumber , Tomato Mixed  
Leaf Salad Beetroot , Red  
Onion

Fresh Fruit Slices

Jam and Coconut Sponge

Cornflake Cake

Yoghurt and Mango

### FRIDAY

#### MAINS

Crispy Vegan Nuggets or Cheese Tortellini  
Pork Sausage or Battered Cod Goujons

#### SIDES

Chips, Garden Peas, Baked Beans

#### TASTES OF BRITISH

Bread & Butter, Mushy Peas,  
Gravy, Curry Sauce, Pickled  
Onions, Gherkins

**PROTEIN:** Battered Fillet of

#### JACKET AND PASTA BAR

Selection of Baked Potatoes  
Sweet Potatoes, Butternut Squash  
Grated Cheese  
Baked Beans

Farfalle Pasta

#### SALAD

Sweet Chilli Noodles and Pak  
Choi, Cabbage Slaw,  
Beetroot and Orange Salad,  
Cucumber , Tomato Mixed

Rustic Apple Pie with Cream

Carrot Cake

Melon Slices

# LUNCH MENU - WEEK 2

## KITCHEN FAVOURITES

## WORLD TOUR

## MARKET FRESH

## SOMETHING SWEET

### MONDAY

<p><b>MAINS</b></p> <p>Creamy Macaroni Cheese</p> <p>Creamy Chicken and Spinach Pesto Pasta</p> <p><b>SIDES</b></p> <p>Garlic Bread, Sauteed Mediterranean Vegetables</p>	<p><b>TASTES OF THE USA</b></p> <p><b>BASE:</b> Baked Wedges, Crispy Onions, Jalapenos, Ketchup, American Mustard</p> <p><b>PROTEIN:</b> Mexi-dogs</p> <p>Jumbo Pork or Vegan Dog Loaded with Chilli or Vegan Chilli</p> <p>Served in a Brioche Roll</p>	<p><b>JACKET AND PASTA BAR</b></p> <p>Selection of Baked Potatoes Sweet Potatoes, Butternut Squash Grated Cheese Baked Beans</p> <p>Farfalle Pasta Tomato &amp; Basil Sauce Garlic Bread Parmesan</p>	<p><b>SALAD</b></p> <p>Lentil Salad with Chickpea Harissa Dressing , Sundried Tomato Slaw , Chickpea Salad , Cucumber , Tomato Mixed Leaf Salad Beetroot , Red Onion</p>	<p>Carrot Cake with a Zesty Topping</p> <p>Mincemeat Crumble Slice</p> <p>Fresh Fruit Salad</p> <p>Lemon Muffin</p>
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### TUESDAY

<p><b>MAINS</b></p> <p>Vegan Sausage Pork Sausage</p> <p><b>SIDES</b></p> <p>Creamy Mashed Potatoes, Yorkshire Pudding, Peas and Carrots</p>	<p><b>TASTES OF INDIA</b></p> <p><b>BASE:</b> Lime and Coriander Rice</p> <p>Freshly made Bhaji</p> <p>Mango Chutney, Indian Salad</p> <p><b>PROTEIN:</b> Chicken Tikka Masala (H)</p>	<p><b>JACKET AND PASTA BAR</b></p> <p>Selection of Baked Potatoes, Sweet Potatoes, Butternut Squash Grated Cheese Baked Beans</p> <p>Farfalle Pasta Tomato &amp; Basil Sauce Garlic Bread Parmesan</p>	<p><b>SALAD</b></p> <p>Pesto Pasta , Red Cabbage Coleslaw, Lemon infused Couscous Cucumber , Tomato Mixed Leaf Salad Beetroot , Red Onion</p>	<p>Warm Cinnamon Doughnuts</p> <p>Vanilla and Raspberry Sponge</p> <p>Chocolate Chip Cookies</p> <p>Grape Pots</p>
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### WEDNESDAY

<p><b>MAINS</b></p> <p>Creamy Leek and Quorn Pie Roast Turkey &amp; Stuffing</p> <p><b>SIDES</b></p> <p>Roast Potatoes, Cauliflower Cheese, Carrots and Broccoli</p>	<p><b>TASTES OF THE MIDDLE EAST</b></p> <p><b>BASE:</b> Minted Couscous</p> <p>Moroccan Flatbread</p> <p>Pickled Red Cabbage</p> <p><b>PROTEIN:</b></p> <p>Lamb and Apricot Tagine (H)</p>	<p><b>JACKET AND PASTA BAR</b></p> <p>Selection of Baked Potatoes Sweet Potatoes, Butternut Squash Grated Cheese Baked Beans</p> <p>Farfalle Pasta Tomato &amp; Basil Sauce Garlic Bread Parmesan</p>	<p><b>SALAD</b></p> <p>Waldorf Salad , Wonky Box Coleslaw, New Potato Salad with Fresh Mint and Anchovies Cucumber , Tomato Mixed Leaf Salad Beetroot , Red Onion</p>	<p>Chocolate Ripple Sponge with Chocolate Custard</p> <p>Date and Coffee Sponge</p> <p>Fresh Fruit Salad</p> <p>Shortbread</p>
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### THURSDAY

<p><b>MAINS</b></p> <p>Plant Based Falafel Burrito</p> <p>Masala Chicken Burrito</p> <p><b>SIDES</b></p> <p>Spinach Tortilla, Lime and Coriander Rice Garlic Green Beans &amp; Squash, Raita Dip</p>	<p><b>TASTES OF CHINA</b></p> <p><b>BASE:</b></p> <p>Chow Mein Noodles, Prawn Crackers, Sweet Chilli Sauce, Pickled Cucumber Salad</p> <p><b>PROTEIN:</b></p> <p>Beijing Beef</p>	<p><b>JACKET AND PASTA BAR</b></p> <p>Selection of Baked Potatoes Sweet Potatoes, Butternut Squash Grated Cheese Baked Beans</p> <p>Farfalle Pasta Tomato &amp; Basil Sauce Garlic Bread Parmesan</p>	<p><b>SALAD</b></p> <p>Roasted Vegetable and Chilli Rice, White Cabbage Coleslaw, Fennel and Orange , Cucumber , Tomato Mixed Leaf Salad Beetroot , Red Onion</p>	<p>Syrup Sponge and Custard</p> <p>Fresh Fruit Slices</p> <p>Blueberry Muffin</p> <p>Chocolate Krispy Bar</p>
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### FRIDAY

<p><b>MAINS</b></p> <p>Crispy Vegan Nuggets or Cheese Tortellini</p> <p>Cod Goujons or Hunters Chicken</p> <p><b>SIDES</b></p> <p>Chips, Garden Peas, Baked Beans</p>	<p><b>TASTES OF BRITISH</b></p> <p><b>BASE:</b> Bread &amp; Butter, Mushy Peas, Gravy, Curry Sauce, Pickled Onions, Gherkins</p> <p><b>PROTEIN:</b> Battered Fillet of Pollock served with a Lemon Wedge</p>	<p><b>JACKET AND PASTA BAR</b></p> <p>Selection of Baked Potatoes Sweet Potatoes, Butternut Squash Grated Cheese Baked Beans</p> <p>Farfalle Pasta Tomato &amp; Basil Sauce Garlic Bread Parmesan</p>	<p><b>SALAD</b></p> <p>Sweet Chilli Noodles and Pak Choi, Cabbage Slaw, Beetroot and Orange Salad, Cucumber , Tomato Mixed Leaf Salad Beetroot , Red Onion</p>	<p>Creamed Rice Pudding and Nutmeg</p> <p>Chocolate Chip Cake</p> <p>Grape Pots</p> <p>Strawberry Jelly</p>
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# LUNCH MENU - WEEK 3

## KITCHEN FAVOURITES

## WORLD TOUR

## MARKET FRESH

## SOMETHING SWEET

### MONDAY

**MAINS**  
 Caribbean Style  
 Vegetable and Black Bean Burrito  
 Caribbean Style  
 Chicken and Black Bean Burrito

**SIDES**  
 Rice and Peas  
 Salsa  
 Broccoli

**TASTES OF THE BRITISH**

**BASE:** Creamy Mashed Potato  
 Broccoli and Peas

**PROTEIN:** Pulled Pork

Yorkshire Wrap, Apple Sauce

**JACKET AND PASTA BAR**  
 Selection of Baked Potatoes  
 Sweet Potatoes, Butternut Squash  
 Grated Cheese  
 Baked Beans

Farfalle Pasta  
 Tomato & Basil Sauce  
 Garlic Bread  
 Parmesan

**SALAD**  
 Lentil Salad with Chickpea  
 Harissa Dressing , Sundried  
 Tomato Slaw , Chickpea  
 Salad , Cucumber , Tomato  
 Mixed Leaf Salad Beetroot ,  
 Red Onion

Churros Cake  
 Raspberry Jelly  
 Gingernut Cheesecake  
 Fresh Fruit

### TUESDAY

**MAINS**  
 Vegetable Sausage Casserole  
 Lamb Pie

**SIDES**  
 Chive Mash  
 Roasted Carrots  
 Kale

**TASTES OF THE AMERICA**

**BASE:** Skinny Fries, Burger  
 Cheese, Ketchup, Lettuce,  
 Sliced Tomatoes

**PROTEIN:** Beef Burger (H)

Or Cajun Halloumi Burger in a  
 Brioche Bun with Chilli Jam

**JACKET AND PASTA BAR**  
 Selection of Baked Potatoes  
 Sweet Potatoes, Butternut Squash  
 Grated Cheese  
 Baked Beans

Farfalle Pasta  
 Tomato & Basil Sauce  
 Garlic Bread  
 Parmesan

**SALAD**  
 Pesto Pasta , Red Cabbage  
 Coleslaw, Lemon infused  
 Couscous Cucumber ,  
 Tomato Mixed Leaf Salad  
 Beetroot , Red Onion

Rainbow Sprinkle Sponge  
 Strawberry Jelly  
 Chocolate Krispy Cake  
 Grape Pots

### WEDNESDAY

**MAINS**  
 Cheesy Topped Quorn Cottage Pie  
 Gammon and Pineapple

**SIDES**  
 Roast Potatoes  
 Cauliflower Cheese  
 Savoy Cabbage, Sliced Carrots  
 Gravy

**TASTES OF THE INDIA**

**BASE :** Poppadom, Curry Sauce  
 Chickpea Salad

Cucumber and Mint Chilli Dip

**PROTEIN:** Chicken Biryani

**JACKET AND PASTA BAR**  
 Selection of Baked Potatoes  
 Sweet Potatoes, Butternut Squash  
 Grated Cheese  
 Baked Beans

Farfalle Pasta  
 Tomato & Basil Sauce  
 Garlic Bread  
 Parmesan

**SALAD**  
 Waldorf Salad , Wonky Box  
 Coleslaw, New Potato Salad  
 with Fresh Mint and  
 Anchovies Cucumber ,  
 Tomato, Mixed Leaf Salad  
 Beetroot, Red Onion

Apple Eve's Pudding and  
 Custard  
 Orange Jelly  
 Seeded Flapjack  
 Fresh Fruit Salad

### THURSDAY

**MAINS**  
 Butternut Squash and Spinach Lasagne  
 Traditional Beef Bolognaise

**SIDES**  
 Spaghetti, Garlic Bread Slice  
 Fine Beans and Peas

**TASTES OF THE CHINA**

**BASE:** Prawn Crackers  
 Sweet Chilli Sauce

Soy Sauce and Spring Onion

**PROTEIN:** Sweet and Sour  
 Chicken Balls

Crispy Tofu Noodles

**JACKET AND PASTA BAR**  
 Selection of Baked Potatoes  
 Sweet Potatoes, Butternut Squash  
 Grated Cheese  
 Baked Beans

Farfalle Pasta  
 Tomato & Basil Sauce  
 Garlic Bread  
 Parmesan

**SALAD**  
 Roasted Vegetable and Chilli  
 Rice, White Cabbage  
 Coleslaw, Fennel and  
 Orange , Cucumber ,  
 Tomato Mixed Leaf Salad  
 Beetroot , Red Onion

Sweet Pancakes with Raspberry  
 Coulis  
 Raspberry Jelly  
 Sweet Caramel Sponge Cake  
 Melon Platter

### FRIDAY

**MAINS**  
 Vegetable Nuggets or Spinach and  
 Ricotta Tortellini  
 Pork Sausage or Battered Cod Goujons

**SIDES**  
 Chips  
 Baked Beans  
 Garden Peas

**TASTES OF THE BRITISH**

**BASE:** Chips, Baked Beans,  
 Garden Peas, Mushy Peas,  
 Curry Sauce, Gravy, Tartare  
 Sauce

**PROTEIN:** Battered Fillet of  
 Pollock served with a Lemon  
 Wedge

**JACKET AND PASTA BAR**  
 Selection of Baked Potatoes  
 Sweet Potatoes, Butternut Squash  
 Grated Cheese  
 Baked Beans

Farfalle Pasta  
 Tomato & Basil Sauce  
 Garlic Bread  
 Parmesan

**SALAD**  
 Sweet Chilli Noodles and Pak  
 Choi, Cabbage Slaw,  
 Beetroot and Orange Salad,  
 Cucumber , Tomato Mixed  
 Leaf Salad Beetroot , Red  
 Onion

Rustic Apple Pie  
 Strawberry and Berry Jelly  
 Bread and Butter Pudding  
 Grape Pots

ALLERGENS: If you have an allergy or intolerance, please speak to a member of our catering team before you consume any food or drink. The written allergen information that we provide details the 14 major allergens that are contained in the ingredients. If you require further information about the presence of unintentional allergens (may contains), please ask us so that we can help you with your choice. If you are a regular customer, please continue to ask a member of our team as recipes and ingredients change.