

LUNCH MENU - WEEK 1

KITCHEN FAVOURITES

WORLD TOUR

MARKET FRESH

SOMETHING SWEET

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAINS Moroccan Spiced Beetroot Falafel Greek Style Chicken Gyros SIDES Skinny Fries, Greek Salad Tzatziki, Mediterranean Vegetables	TASTES OF THE MIDDLE EAST BASE: Coriander Couscous Harissa Yoghurt, Roasted Chickpea Salad PROTEIN: Rasel Hanout Grilled Mackerel	JACKET AND PASTA BAR Selection of Baked Potatoes Sweet Potatoes, Butternut Squash Grated Cheese Baked Beans Farfalle Pasta Tomato & Basil Sauce Garlic Bread Parmesan	SALAD Roasted Vegetable and Chilli Rice, White Cabbage Coleslaw, Fennel and Orange , Cucumber , Tomato Mixed Leaf Salad Beetroot , Red Onion	Rainbow Sprinkle Sponge Seeded Flapjack Rocky Road Yoghurt with Granola
MAINS Swedish Style Turkey Meatballs No Meat Meatballs SIDES Fusilli Pasta Green Beans and Sweetcorn Garlic Bread Slice	TASTES OF KOREA BASE: Chow Mein Asian Slaw PROTEIN: Sticky BBQ Pork Bowl Bang Bang Cauliflower	JACKET AND PASTA BAR Selection of Baked Potatoes Sweet Potatoes, Butternut Squash Grated Cheese Baked Beans Farfalle Pasta Tomato & Basil Sauce Garlic Bread Parmesan	SALAD Pesto Pasta , Red Cabbage Coleslaw, Lemon infused Couscous Cucumber , Tomato Mixed Leaf Salad Beetroot , Red Onion	Warm Cinnamon Doughnut served with a Mango Puree Grape Pots Vanilla Iced Sponge Chocolate Chip Shortbread
MAINS Cheese and Potato Pie Roast Pork with Apple Sauce SIDES Roast Potatoes, Sliced Carrots Cauliflower Cheese, Broccoli	TASTES OF THAILAND BASE: Rice, Spring Roll Pak Choi and Chinese Leaf PROTEIN: Thai Green Chicken Curry (H)	JACKET AND PASTA BAR Selection of Baked Potatoes Sweet Potatoes, Butternut Squash Grated Cheese Baked Beans Farfalle Pasta Tomato & Basil Sauce Garlic Bread Parmesan	SALAD Waldorf Salad , Wonky Box Coleslaw, New Potato Salad with Fresh Mint, Anchovies Tomato Mixed Leaf Salad Beetroot , Red Onion	Chocolate Mousse with Chocolate Chips Fresh Fruit Salad Raspberry Muffins Chocolate Chip Cookies
MAINS Texas Beef Chilli Con Carne Vegan Chilli SIDES Mexican Rice and Nachos Salsa, Salad Sour Cream Guacamole	TASTES OF BRITISH BASE Creamed Potato Green Beans Gravy PROTEIN: Cumberland Sausage Casserole	JACKET AND PASTA BAR Selection of Baked Potatoes Sweet Potatoes, Butternut Squash Grated Cheese Baked Beans Farfalle Pasta Tomato & Basil Sauce Garlic Bread Parmesan	SALAD Roasted Vegetable and Chilli Rice, White Cabbage Coleslaw, Fennel and Orange , Cucumber , Tomato Mixed Leaf Salad Beetroot , Red Onion	Lemon Drizzle Sponge Jam and Coconut Sponge Cornflake Cake Yoghurt and Mango
MAINS Crispy Vegan Nuggets or Macaroni Cheese Pork Sausage or Battered Cod Goujons Pizza Bar SIDES Chips, Garden Peas, Baked Beans	TASTES OF BRITISH Bread & Butter, Mushy Peas, Gravy, Curry Sauce, Pickled Onions, Gherkins PROTEIN: Battered Fillet of Pollock served with a Lemon Wedge	JACKET AND PASTA BAR Selection of Baked Potatoes Sweet Potatoes, Butternut Squash Grated Cheese Baked Beans Farfalle Pasta Tomato & Basil Sauce Garlic Bread Parmesan	SALAD Sweet Chilli Noodles and Pak Choi, Cabbage Slaw, Beetroot and Orange Salad, Cucumber , Tomato Mixed Leaf Salad Beetroot , Red Onion	Rustic Apple Pie with Cream Carrot Cake Melon Slices Chocolate Chip Muffins

LUNCH MENU - WEEK 2

	KITCHEN FAVOURITES	WORLD TOUR	MARKET FRESH	SOMETHING SWEET	
MONDAY	MAINS Creamy Paneer Tikka Masala Chicken Tikka Masala SIDES Pilau Rice, Turmeric Cauliflower and Peas Naan Bread	TASTES OF BRITISH BASE: Savoy Cabbage Peas PROTEIN: Fish Pie Salmon, Pollock and Prawns Served in a Creamy Parsley Sauce, topped with Creamed Potato	JACKET AND PASTA BAR Selection of Baked Potatoes Sweet Potatoes, Butternut Squash Grated Cheese Baked Beans Farfalle Pasta Tomato & Basil Sauce Garlic Bread Parmesan	SALAD Lentil Salad with Chickpea Harissa Dressing , Sundried Tomato Slaw , Chickpea Salad , Cucumber , Tomato Mixed Leaf Salad Beetroot , Red Onion	Banana Bread with Crème Fraiche Mincemeat Crumble Slice Fresh Fruit Salad Lemon Muffin
TUESDAY	MAINS Traditional Beef Lasagne Mediterranean Vegetable Lasagne SIDES Garlic Bread Sliced Carrots and Courgettes	TASTES OF CHINA BASE: Chow Mein, Prawn Crackers, Sweet Chilli, Soy Spring Onion and Coriander PROTEIN: Sweet and Sour Chicken Balls Crispy Tofu	JACKET AND PASTA BAR Selection of Baked Potatoes, Sweet Potatoes, Butternut Squash Grated Cheese Baked Beans Farfalle Pasta Tomato & Basil Sauce Garlic Bread Parmesan	SALAD Pesto Pasta , Red Cabbage Coleslaw, Lemon infused Couscous Cucumber , Tomato Mixed Leaf Salad Beetroot , Red Onion	Warm Waffle with a Blueberry Coulis Vanilla and Raspberry Sponge Chocolate Chip Cookies Grape Pots
WEDNESDAY	MAINS Roast Turkey and Cranberry Sauce Halloumi Tray Bake SIDES Roast Potatoes, Cauliflower Cheese, Broccoli and Savoy Cabbage	TASTES OF THE USA BASE: Potato Wedges, Salad Coleslaw, Corn on the Cob PROTEIN: BBQ Pulled Pork Bap BBQ Jackfruit	JACKET AND PASTA BAR Selection of Baked Potatoes Sweet Potatoes, Butternut Squash Grated Cheese Baked Beans Farfalle Pasta Tomato & Basil Sauce Garlic Bread Parmesan	SALAD Waldorf Salad , Wonky Box Coleslaw, New Potato Salad with Fresh Mint and Anchovies Cucumber , Tomato Mixed Leaf Salad Beetroot , Red Onion	Chocolate Marble Sponge with Chocolate Custard Date and Coffee Sponge Fresh Fruit Salad Shortbread
THURSDAY	MAINS Pork Sausage Toad in the Hole Vegetarian Sausage Toad in the Hole SIDES Creamed Potato, Carrot Batons, Peas, Gravy	TASTES OF INDONESIA BASE: Sticky Rice, Prawns Crackers Pickled Cucumber Salad PROTEIN: Indonesian Beef Rendang (H) Cauliflower Rendang	JACKET AND PASTA BAR Selection of Baked Potatoes Sweet Potatoes, Butternut Squash Grated Cheese Baked Beans Farfalle Pasta Tomato & Basil Sauce Garlic Bread Parmesan	SALAD Roasted Vegetable and Chilli Rice, White Cabbage Coleslaw, Fennel and Orange , Cucumber , Tomato Mixed Leaf Salad Beetroot , Red Onion	Fresh Fruit Sticks Sultana Scones Blueberry Muffin Chocolate Krispy Bar
FRIDAY	MAINS Crispy Vegan Nuggets or Four Cheese Tortellini Cod Goujons or Pork Sausage SIDES Chips, Garden Peas, Baked Beans	TASTES OF BRITISH BASE: Bread & Butter, Mushy Peas, Gravy, Curry Sauce, Pickled Onions, Gherkins PROTEIN: Battered Fillet of Pollock served with a Lemon Wedge	JACKET AND PASTA BAR Selection of Baked Potatoes Sweet Potatoes, Butternut Squash Grated Cheese Baked Beans Farfalle Pasta Tomato & Basil Sauce Garlic Bread Parmesan	SALAD Sweet Chilli Noodles and Pak Choi, Cabbage Slaw, Beetroot and Orange Salad, Cucumber , Tomato Mixed Leaf Salad Beetroot , Red Onion	Creamed Rice Pudding and Nutmeg Chocolate Chip Cake Grape Pots Strawberry Jelly

LUNCH MENU - WEEK 3

	KITCHEN FAVOURITES	WORLD TOUR	MARKET FRESH	SOMETHING SWEET	
MONDAY	MAINS Loaded Nachos with Mexican Chicken and Salsa Bean and Pepper Burrito SIDES Tomato Wrap Charred Mexican Sweetcorn	TASTES OF THE USA BASE: Crispy Potato Wedges Sliced Tomatoes, Iceberg Lettuce, Ketchup, Mustard PROTEIN: Japan Style Jumbo Pork Hot Dog Vegan Hot Dog	JACKET AND PASTA BAR Selection of Baked Potatoes Sweet Potatoes, Butternut Squash Grated Cheese Baked Beans Farfalle Pasta Tomato & Basil Sauce Garlic Bread Parmesan	SALAD Lentil Salad with Chickpea Harissa Dressing , Sundried Tomato Slaw , Chickpea Salad , Cucumber , Tomato Mixed Leaf Salad Beetroot , Red Onion	Treacle Sponge and Custard Raspberry Jelly Gingernut Cheesecake Fresh Fruit
TUESDAY	MAINS Beef Bolognaise Macaroni and Cauliflower Cheese SIDES Fusilli Pasta, Garlic Bread Broccoli and Squash	TASTES OF JAPAN BASE: Asian Slaw, Sliced Tomatoes, Crispy Iceberg Lettuce, Katsu Mayonnaise PROTEIN: Loaded Plant Burger Japan Style Crispy Chicken Burger (H)	JACKET AND PASTA BAR Selection of Baked Potatoes Sweet Potatoes, Butternut Squash Grated Cheese Baked Beans Farfalle Pasta Tomato & Basil Sauce Garlic Bread Parmesan	SALAD Pesto Pasta , Red Cabbage Coleslaw, Lemon infused Couscous Cucumber , Tomato Mixed Leaf Salad Beetroot , Red Onion	American Pancakes Strawberry Jelly Chocolate Krispy Cake Grape Pots
WEDNESDAY	MAINS Roast Gammon and Pineapple Salsa Quorn Sausage Casserole SIDES Roast Potatoes Cauliflower Cheese Savoy Cabbage, Sliced Carrots Gravy	TASTES OF THE CARIBBEAN BASE : Pineapple Rice, Spinach Wrap, Caribbean Style Cabbage PROTEIN: Caribbean Lamb Curry (H)	JACKET AND PASTA BAR Selection of Baked Potatoes Sweet Potatoes, Butternut Squash Grated Cheese Baked Beans Farfalle Pasta Tomato & Basil Sauce Garlic Bread Parmesan	SALAD Waldorf Salad , Wonky Box Coleslaw, New Potato Salad with Fresh Mint and Anchovies Cucumber , Tomato, Mixed Leaf Salad Beetroot, Red Onion	Apple and Blackberry Crumble Orange Jelly Seeded Flapjack Fresh Fruit Salad
THURSDAY	MAINS Panko Crumb Chicken Fillet, Katsu Sauce Yasai Katsu Sauce SIDES Steamed White Rice, Cumin Roasted Carrots Garlic Green Beans	TASTES OF FRANCE BASE: Buttery Creamed Potato Savoy Cabbage Bacon Bits PROTEIN: Beef Bourguignon (H)	JACKET AND PASTA BAR Selection of Baked Potatoes Sweet Potatoes, Butternut Squash Grated Cheese Baked Beans Farfalle Pasta Tomato & Basil Sauce Garlic Bread Parmesan	SALAD Roasted Vegetable and Chilli Rice, White Cabbage Coleslaw, Fennel and Orange , Cucumber , Tomato Mixed Leaf Salad Beetroot , Red Onion	Baked Rice Pudding with Strawberry Syrup Raspberry Jelly Sweet Caramel Sponge Cake Melon Platter
FRIDAY	MAINS Vegetable Nuggets or Spinach and Ricotta Tortellini Pork Sausage or Battered Cod Goujons SIDES Chips Baked Beans Garden Peas	TASTES OF THE BRITISH BASE: Chips, Baked Beans, Garden Peas, Mushy Peas, Curry Sauce, Gravy, Tartare Sauce PROTEIN: Battered Fillet of Pollock served with a Lemon Wedge	JACKET AND PASTA BAR Selection of Baked Potatoes Sweet Potatoes, Butternut Squash Grated Cheese Baked Beans Farfalle Pasta Tomato & Basil Sauce Garlic Bread Parmesan	SALAD Sweet Chilli Noodles and Pak Choi, Cabbage Slaw, Beetroot and Orange Salad, Cucumber , Tomato Mixed Leaf Salad Beetroot , Red Onion	Rustic Apple Pie Strawberry and Berry Jelly Bread and Butter Pudding Grape Pots

ALLERGENS: If you have an allergy or intolerance, please speak to a member of our catering team before you consume any food or drink. The written allergen information that we provide details the 14 major allergens that are contained in the ingredients. If you require further information about the presence of unintentional allergens (may contains), please ask us so that we can help you with your choice. If you are a regular customer, please continue to ask a member of our team as recipes and ingredients change.