



# Trinity Menu 2021



Week One	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Soup</b>	Tomato, Red Pepper & Chilli Soup V	Broccoli & Stilton Soup	Carrot, Honey & Ginger Soup	Curried Parsnip Soup	Pea & Mint Soup
<b>Main Meal</b>	Italian Style Chicken	Pork Sausage	Battered Pollock	Honey Roast Gammon & Pineapple	Clapshot Minced Beef Pie
	Garlic Bread	Onion Gravy	Cod Goujons		
			Pork Sausage		
<b>Vegetarian</b>	Potato & Spinach Korma	Butter Bean & Vegetable Hot Pot	Macaroni Cheese	Quorn Mince Cottage Pie	Vegetable & Chick Pea Chilli
<b>Vegetables</b>	Penne Pasta	Mash Potato	Chips	Roast Potatoes	Basmati Rice
	Pilau Rice	Peas	Baked Beans	Baton Carrots	Peas
	Sweetcorn	Diced Carrots	Peas	Green Beans	Sweetcorn
	Broccoli		Mushy Peas	Cauliflower Cheese	
<b>Dessert</b>	Chocolate Ripple Sponge	Lemon Drizzle	Iced Carrot Cake	Chocolate Raisin Crunch	Toffee Apple Pudding
	Chocolate Sauce	Cream	Cream		Custard
	Fresh Cream	Grape Pots	Grape Pots	Grape Pots	Grape Pots
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
	Fresh Yoghurt	Fresh Yoghurt	Fresh Yoghurt	Fresh Yoghurt	Fresh Yoghurt

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<b>Week Two</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Soup</b>	Mushroom & Thyme Soup	Leek and Potato Soup V	Tuscan Bean Soup	Broccoli Soup	Tomato & Basil
<b>Main Meal</b>	Lamb Bolognese	BBQ Chicken Pizza	Roast Chicken	Battered Pollock	Chicken Balti
	Garlic Bread		Sage & Onion Stuffing	Battered Cod Goujons	Poppadums
				Pork Sausage	
<b>Vegetarian</b>	Quorn Sausage	Quorn Mince Bolognese	Vegetable Pie	Mozzarella & Tomato Ciabatta	Mediterranean Vegetable & Lentil Lasagne
<b>Vegetables</b>	Penne Pasta	Potato Wedges	Roast Potatoes	Chunky Chips	Pilau Rice
	Mash Potato	Fusilli Pasta	Broccoli	Baked Beans	Green Beans
	Green Beans	Sweetcorn	Savoy Cabbage	Peas	Sweetcorn
	Baton Carrots	Peas	Roast Parsnip	Mushy Peas	
<b>Dessert</b>	Waffles	Chocolate & Banana Cake	Jam Sponge	Cornflake & Oat Cake	Apple Crumble
	Chocolate sauce	Custard	Custard	Cream	Custard
	Grape Pots	Grape Pots	Grape Pots	Grape Pots	Grape Pots
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
	Fresh Yoghurt	Fresh Yoghurt	Fresh Yoghurt	Fresh Yoghurt	Fresh Yoghurt

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Week Three	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Soup</b>	Sweet Potato & Red Pepper Soup	Indian Spiced Lentil Soup	Cream of Potato & Chive Soup	Cream of Vegetable Soup	Butternut Squash & Coconut Soup
<b>Main Meal</b>	Pork Meatballs	Mediterranean Style Beef Pie	Roast Pork	Tandoori Chicken	Battered Haddock
	Garlic Bread		Apple Sauce	Kobez Flat Bread	Battered Cod Goujons
					Pork Sausage
<b>Vegetarian</b>	Mozzarella & Tomato Pizza	Quorn & Vegetable Burrito	Bean & Vegetable Hot Pot	Broccoli, Leek & Macaroni Bake	Southern Fried Quorn Nuggets
<b>Vegetables</b>	Penne Pasta	New Potatoes	Roast Potatoes	Rice	or Breaded Halloumi
	Potato Wedges	Broccoli	Sliced Carrots	Peas	Baked Beans
	Mexicorn	Green Beans	Savoy Cabbage	Sweetcorn	Peas
	Baked Beans		Braised Red Cabbage & Apple		Mushy Peas
<b>Dessert</b>	Syrup Sponge	Pancakes	Chocolate Orange	Pear & Chocolate Crumble	Rice Pudding
	Custard	Toppings	Custard	Custard	Strawberry Sauce
	Grape Pots	Grape Pots	Grape Pots	Grape Pots	Grape Pots
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh fruit
	Fresh Yoghurt	Fresh Yoghurt	Fresh Yoghurt	Fresh Yoghurt	Fresh Yoghurt