



### **ELEVATE EDUCATION – WHO ARE WE?**

Research: Why do the top students get the top results?

Work with the top students around the world (over 1000 schools, across 5 countries)

13 key study habits



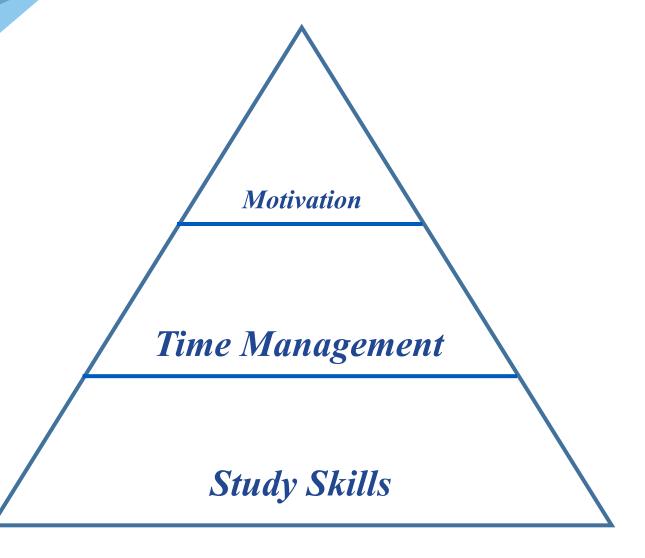








### 3 FACTORS OF SUCCESS



Getting the work done

Finding the time





# PART 1: WHAT WORK SHOULD YOU BE DOING AT HOME?





Finish notes	Memorise notes	Practice Qs/Papers
• Use <u>specification</u>		





### **Specification: AQA Biology**

AQA

GCSE Biology for certification June 2014 onwards (version 1.1)

#### **B2.2.2** Plant organs



a) Plant organs include stems, roots and leaves.



#### Additional guidance:

Details of the internal structure of these organs are limited to the leaf.

b) Examples of plant tissues include:



- epidermal tissues, which cover the plant
- mesophyll, which carries out photosynthesis
- xylem and phloem, which transport substances around the plant.



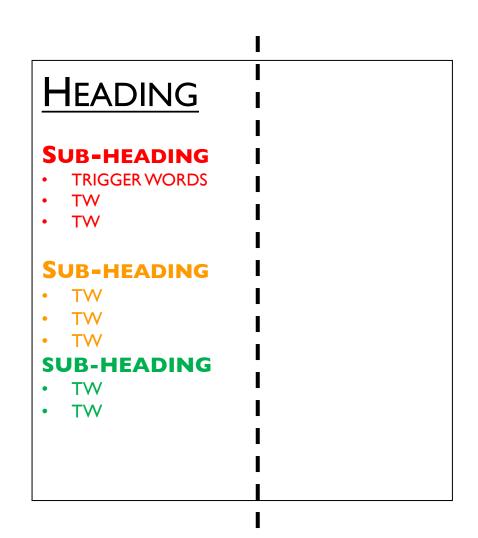
Finish notes	Memorise notes	Practice Qs/Papers
<ul><li> Use <u>specification</u></li><li> Trigger Words</li></ul>		
<ul><li> Effective Folders</li><li> System of Review</li></ul>		





### Note taking as 'revision'

- Use trigger words
- Notes DO NOT equal marks
- Application > Memory





Finish notes	Memorise notes	Practice Qs/Papers
<ul> <li>Use <u>specification</u></li> <li>Trigger Words</li> <li>Effective Folders</li> <li>System of Review</li> </ul>	<ul><li> Multiple learning strategies</li><li> Teaching as Learning</li><li> Semantic Learning</li></ul>	





### **Apps and Resources**





















Finish notes	Memorise notes	Practice Qs/Papers
<ul> <li>Use <u>specification</u></li> <li>Trigger Words</li> <li>Effective Folders</li> <li>System of Review</li> </ul>	<ul><li> Multiple learning strategies</li><li> Teaching as Learning</li><li> Semantic Learning</li></ul>	<ul><li>Open Book/Open Time</li><li>Effective Feedback</li></ul>





### Feedback process: Practice Papers

I) Ask where you lost marks

5) Re-do the questions

2) Ask why this is incorrect

4) Find an example paper

3) Get someone to demonstrate

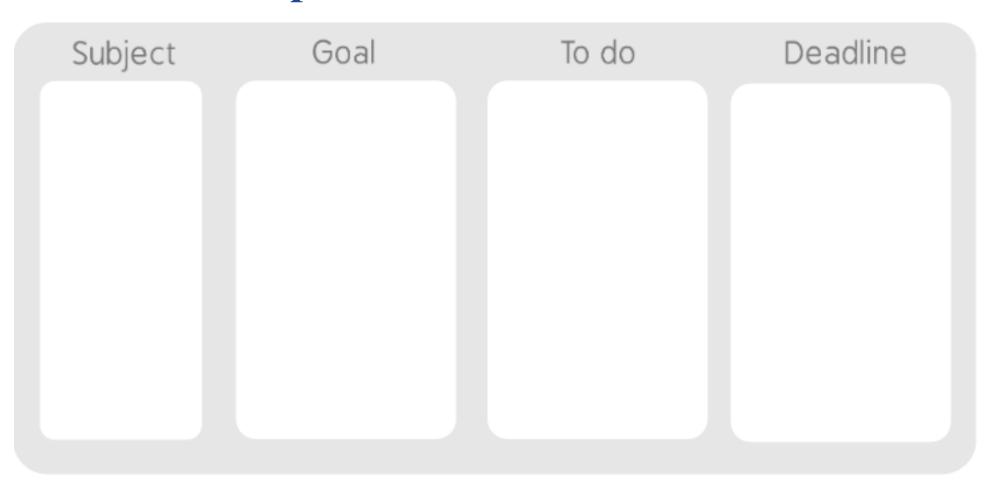




# PART 2: FINDING THE TIME TO DO THE WORK



## Use an exam planner





### Time management at home?

### Encourage weekly planning:

- Prioritize non-study tasks first
- Balance is key
- Focus on *tasks* not time
- Prioritize the most important work



# PART 3: GETTING THE WORK DONE



### **Beating Procrastination**

Too much work

- Break work down
- Write a list

I don't like it

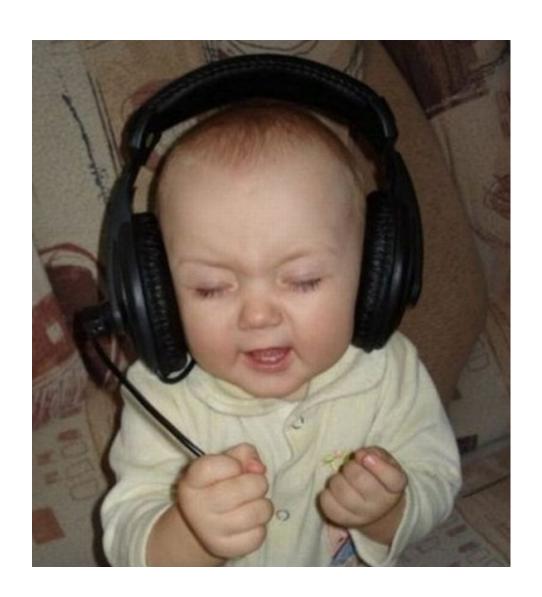
- Study groups
- Incentive system

No motivation

Set clear and compelling goals











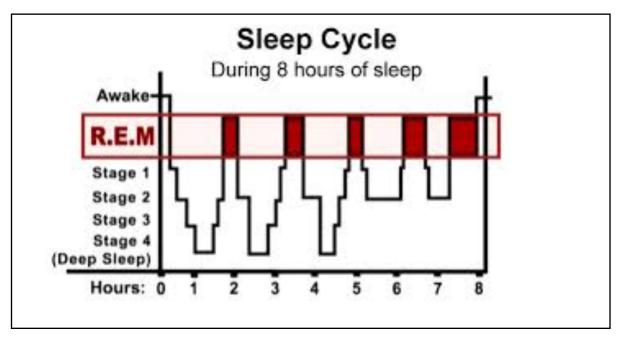
Put down your phone and get back to your life

















### **Resources?**

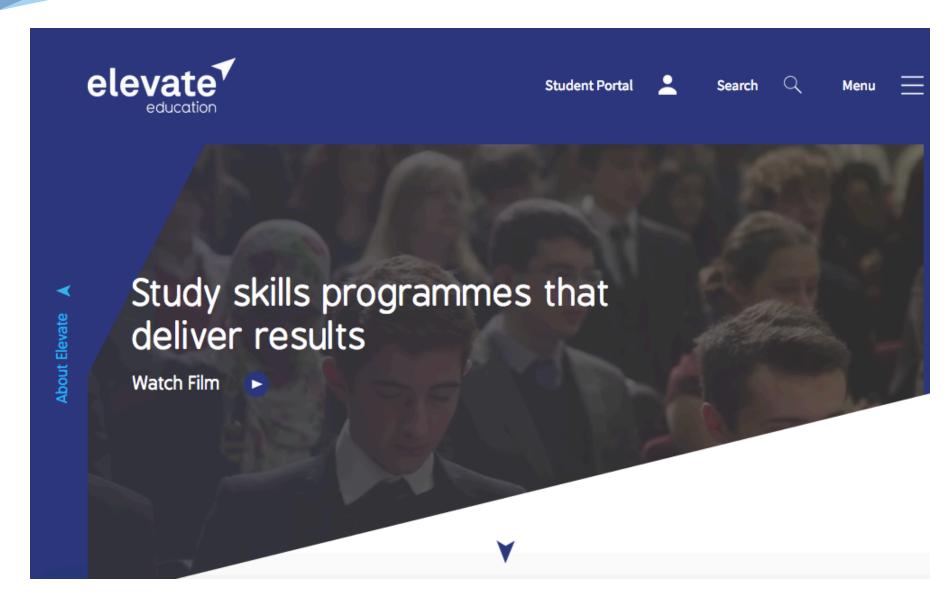
Student workbook

Revision pack

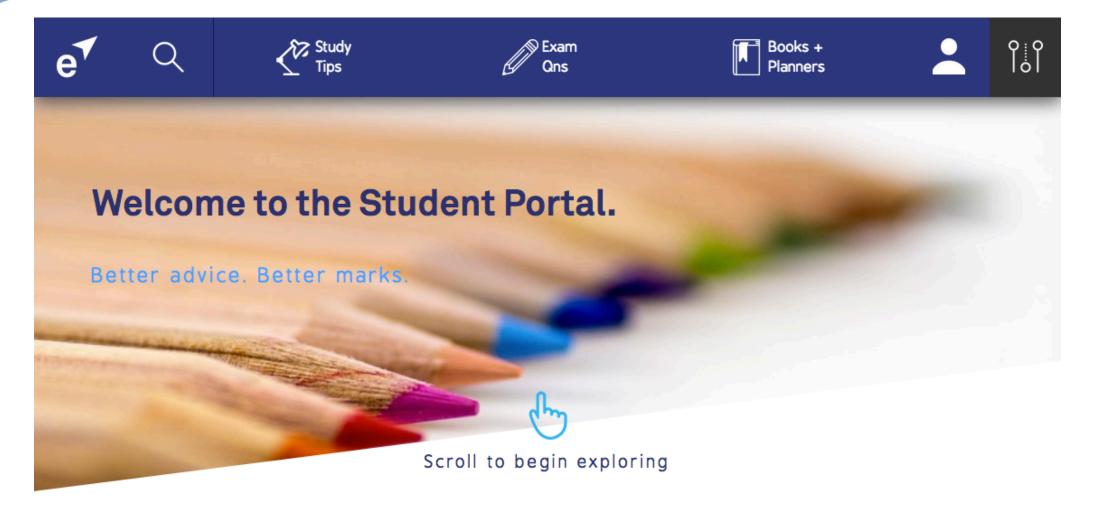
Exam board websites

**Elevate Education Website** (www.elevateeducation.com)























Filters:

Exam Prep Memory **Psychology** 



Video | September 2016

### Psychology Video Series #elevatepsych

Join Munya as he shows you how to ace A-level Psychology in this 10 episode series!





Video I September 2016

### A Level English Lit Exam Walkthrough Video

Jacob runs through last year's English Literature examl Check out how to pick apart questions and prepare responses.



Filters: Exam Prep | A levels | Literature





Blog | September 2016

#### Top 17 Apps a student shouldn't live without

Our top picks for apps that help make study life easier!







### **QUESTIONS?**

Elevate as company/research Key Study Skills Specific Note Making Techniques Memory Techniques Handling the exam room Time Management **Motivation** Distractions/Procrastination Resources



