

## Life Education Programme of Study 2022-2023

### Summary by Year Groups

#### Year 6:

Skills Associated with settling into A New School British values Respect Friendships/Relationships Expectations and Behaviour Healthy Eating Being a part of a community Personal Organisation Personal Safety/Danger in the real and digital world Personal Hygiene Puberty	Staff member responsible: JM
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#### Year 7:

1. Preparedness for school 2. Internet Safety 3. Treating Others and Bullying 4. Healthy Lifestyles 5. Information skills 6. Body image and self esteem 7. Making a Positive Contribution 8. Skills and hobbies 9. Revision and Exam Technique/ Stress and Managing Workload 10. Puberty (Links with Wellbeing Morning)	Covered in tutorial time by CLB, DMC,EJN, EKH, FP
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#### Year 8:

Equal Opportunities/ Rights and responsibilities	ALL	6 tutor groups 4 weeks per topic
Study Skills	ALL	
Relationships	AME	
Successful Parenting	AME	
Options and Decisions	KJH	
Internet Safety	KJH	
Alcohol/Smoking/Cancer	JAY	
Emotional Health and Eating Disorders	JAY	

**Year 9:**

Sexual relationships, Exploitation, Domestic Violence, FGMContraception and STIs	AME, PJC	5 tutor groups 9 weeks per topic except Wellbeing and Personal Finance (3 weeks)
Aspirations	ALL	
BLM, Communities, Gangs and extremism	SY, PJC, JAF	
MIndfulness	JF, ALH	
Wellbeing and personal finance	ALL	

**Year 10:**

Drugs	HAT	6 tutor groups 5 weeks per topic
Cancer and Wellbeing	EJB	
Mental Health/Anger Management/ Eating disorders	EJN	
Consent; Rape & Consequences	AME	
16 Plus Decisions	CAC	
Fertility, pregnancy issues and abortion	JAY	

**Year 11**

Job Applications	KAE, FP, KLM	5 tutor groups rolled into 4 groups. 5 weeks per topic
Exam Preparation & Technique/ Stress & Relaxation	JST, JAY	
Ethics	JST	
LGBT+	KLM	5 tutor groups 3 weeks per topic
Business Money Management	KAE	
Driving	FP	
Climate Change	JAY	

**Year 12 Guest Speakers to be finalised for Advent, and Trinity Terms.**

### Year 13

Grown up Money Management	KAE	6 groups 4 weeks per topic
Preparing for University	HAT	
Future Careers	CES	
Current Affairs	DJW	
Mental Health Issues	ALH	
Consumer Rights	AME	

## Life Education

The purpose of Life Education is to support the development of informed young people who are able to positively manage themselves, their relationships, their aspirations and their place in society.

We believe that the core outcomes are integral to the aim to provide a balanced and broadly based curriculum which:

1. Promotes the spiritual, moral, cultural, mental and physical development of pupils at the school and of society and;
2. Prepares pupils at the school for the opportunities, responsibilities and experiences of later life

In this context the core outcomes for Life Education are young people who:

### FOR HEALTH:

- Demonstrate high self-esteem, a strong sense of personal identity and resilience
- Make healthy lifestyle choices for themselves and those for whom they have a responsibility
- Assess and take managed risks, protect their own safety and are able to take responsibility for the protection and safety of others.

### FOR RELATIONSHIPS:

- Understand and relate well to others and form healthy relationships
- Understand and manage conflict
- Positively manage their feelings and emotions

- Respect others and act with integrity

#### **FOR CAREERS AND THE WORLD OF WORK:**

- Recognise their talents, have aspirations and recognise pathways and opportunities open to them
- Are well prepared for the changing nature of life and work
- Are proactive and enterprising