

Sport, Games & PE Guide

2023-2024



FROM THE DIRECTOR OF SPORT

Dear Parents,

Sport at Leicester Grammar School plays an integral role in our pupils' education. We aim to provide a sporting programme that has a positive influence on all our pupils regardless of age, gender and ability. We develop every pupil's interest in sport and physical activity, from aspiring internationals to those for whom exercise is just part of a healthy lifestyle.

Our tradition of sporting excellence enables us to maximise every pupil's potential. We have an array of top facilities at our disposal and an exceptional team of full-time, part-time staff and professional coaches. This team comprises former international sportsmen and women, committed academic staff as well as staff solely dedicated to the running of our competitive sports programme. This level of expertise guarantees the best possible environment for every pupil to maximise their skills, including those at the performance end. Please feel free to get in touch if you have any questions not answered by this guide.

Mr J McCann
Director of Sport



THE LGS SPORTING ETHOS

Sport at Leicester Grammar School plays an instrumental role in our pupils' lives. We actively encourage all pupils to engage in both competitive and non-competitive activities, week in, week out.

LGS offers a range of competitive sports with an ever-increasing number of teams and individuals representing the school. Pupils are expected to engage and participate in the main team sports during their junior years, before being exposed to a wider range of more recreational options in later years. As well as organising prestigious fixtures against other schools and clubs, we have a programme of inter-house sport, enabling all pupils to experience regular competition. We are proud of our participation rates. Last year, we played more than 650 sporting fixtures, involving more than 65% of pupils playing for the school.

Our success is based upon a variety of factors and whilst winning is important, it is not at the expense of the foundation stones of our sporting ethos – enable, enrich and extend.

THE DEPARTMENT'S MISSION

Put simply, we want:

'To enhance the sporting and physical ambitions of our pupils'

With the aim that we:

Enable, enrich and extend all pupils to continue with physical activity beyond LGS. Whatever the pupils' aspirations, our aim is to empower each and every one with the knowledge, skills and competencies to make responsible lifestyle choices that positively impact their health and wellbeing.



THE SPORTING LEICESTRIAN

At Leicester Grammar School it is clear to see the role sport plays in the development of a pupil's life. Teamwork is what makes Leicester Grammar school special. Our department motto is quite simple, 'Share the workload'. Our individuality and appetite to work and contribute is something we are keen for everyone to appreciate and embrace. Our children certainly never give up on the playing field, they are always respectful of the referee or umpire, they always play within the laws of the game and they always respect the opposition. That's the Leicester Grammar way. That's what we do. Our aim is to give parents and pupils the best support structure and learning environment for individual needs and aspirations to flourish.

I'm sure with our team ethos, all positively working together towards the benefit of our great school, our pupils will have a great environment to learn all the necessary tools for a healthier lifestyle after school. On this journey we will always do it the Leicester Grammar way and hope, through this process every pupil will endeavour to become a great 'Sporting Leicestrian' in their time here.

'The Grammar Way'

Practice with purpose

Perform with pride

Learn with dignity

Win with humility



GAMES PROGRAMME

At LGS we run a fantastic Games Programme, designed to provide every pupil with an opportunity to engage, enjoy themselves and excel in one or more sporting activities.

Rugby, Hockey, Netball, Cricket and Tennis are regarded as our main team sports where we compete at local, county, regional and national level. These are also the sports from which most of our international sportsmen and women emerge and where we have the highest numbers participating at any one time. For example, in the last five years, over 20 pupils have achieved county or international honours. These are also the sports in which the majority of our pupils will participate in curriculum games lessons, supplemented by trainings, practices and fixtures.

Tennis, athletics, cross-country, swimming, table tennis and badminton are regarded as additional sports. These are coeducational and available in games lessons for some pupils, and they have a full co-curricular and fixtures calendar, with outstanding coaches/teachers. The classification of 'additional' refers to the level and category of competition as well as the numbers of coaches, teachers and participants involved. For many of these activities, a commitment to co-curricular sport is expected and pupils will supplement their focus sport(s) with one or more of these.

Team sports, individual pursuits and physical activity are the three pillars of this programme. From the list of activities offered, you will see the breadth available for every pupil to flourish, enjoy and engage in lasting physical activity beyond LGS. We pride ourselves on offering a wide variety of co-curricular options to our pupils, details of which can be found on the PE noticeboards and on the school website here: <https://www.lgs-senior.org.uk/co-curricular>. Sports clubs run before school, at lunchtimes and after school from 4.15-5.15 and therefore finish in time for pupils to catch late buses, unless there is a fixture which runs beyond this time. Tennis as a Games option is based on students playing at Club level/an LTA ranking or regularly attend sessions at school.

Within the main school corridor, 'The Street,' each sport has its own noticeboard; all information is posted here and pupils should check them regularly whilst travelling around school.

Games afternoon allocations (2pm-3.55pm)

Monday	Tuesday	Wednesday	Thursday	Friday
Year 10	Yr 11,12 & 13	Year 8	Year 9	Prep & Year 7

Great Glen: Home of LGS Sport



JUNIOR GAMES

Prep

Advent Term

- Rugby (all boys, LGS rugby pitches)
- Hockey (all girls, astro)

Lent Term

- Hockey (all boys, astro)
- Netball (all girls, netball courts)

Trinity Term

- Cricket (boys and girls, LGS outfielders)

Years 7 and 8

Advent Term

- Rugby (all boys, LGS rugby pitches)
- Hockey (all girls, astro)

Lent Term

- Hockey (all boys, astro)
- Netball (all girls, netball courts)

Trinity Term

- Cricket (boys and girls, LGS outfielders)
- Tennis (pre-selected boys & girls, Tennis courts)

INTER GAMES

Year 9

Advent Term

- Rugby (all boys, LGS rugby pitches)
- Hockey (girls, astro)
- Netball (selected option for girls not regularly competing in hockey) Netball Courts

Lent Term

- Hockey (boys, astro)
- Netball (girls, netball courts)
- Alternative sporting activities for boys & girls; Sports Hall, Fitness Suite, Pool and Dance Studio)

Trinity Term

- Cricket (boys and girls, LGS outfielders)
- Tennis (pre-selected boys & girls, Tennis courts)

Year 10

Advent Term

- Rugby (all boys, first 6 weeks of Advent Term, LGS rugby pitches)
- Alternative sporting activities (boys, second 6 weeks of Advent Term, Sports Hall, Fitness Suite, Pool and Dance Studio)
- Hockey (all girls, first 6 weeks of Advent Term, astro)
- Netball (selected option for girls, second 6 weeks of Advent Term, not regularly competing in hockey, Netball Courts)

Lent Term

- Hockey (boys', astro)
- Rugby 7s (selected option for boys not regularly competing in hockey, LGS pitches)
- Netball (girls, netball courts)
- Alternative sporting activities (girls, Sports Hall, Fitness Suite, Pool, Squash and Dance Studio)

Trinity Term

- Cricket (boys and girls, LJGS & LGS outfielders)
- Tennis (boys & girls, Tennis courts)

SENIOR GAMES

In Year 11 and Sixth Form, pupils are coached to a high standard in a competitive sport of their choice, although there is scope for pupils to explore a wider, recreational route if they wish. We believe there are three types of pupils in a school sports program:

- Those with aspirations to play professional sport
- Those who love being competitive and active
- Those who simply do it because they have to

We will cater for everyone. This guarantees that every individual receives the level of activity that is necessary for it to positively influence their wellbeing. We embrace individuality but not a lack of effort. The opportunity is there, and everyone is expected to contribute to our program, in a positive manner.

Advent

Badminton
Basketball
Boys' Hockey
Circuits
Cricket
Girls' Hockey
Road Running
Rugby
Tennis
Table Tennis
Squash
Strength & Conditioning
Swimming
Netball
Virtual Spin
5-a-side Football

Lent

Basketball
Circuits
Cricket
Cross-Country/Running
Boys' Hockey
Rugby 7s
Tennis
Table Tennis
Strength & Conditioning
Squash
Swimming
Netball
Recreational Football
Virtual Spin

Trinity

Cricket
Circuits
Athletics
Tennis
Strength & Conditioning
Squash
Softball
Mixed Touch Rugby

Senior Sports Kit

For students in Y11-13, they can purchase additional kit, this is for those who represent the school regularly. The link to purchase this kit is below, along with the process of ensuring only LGS students purchase kit.

Shop log-in:

<https://forms.office.com/e/GLcenmLzdu>

- LGS to supply MDH with a list of eligible students.
- For each order, MDH will check list to ensure that only eligible students are purchasing and this is before any payments/confirmations.
- Once completed, orders will be grouped and sent over to the school to be distributed via Sports Department.

PHYSICAL EDUCATION LESSONS

All Prep to Year 11 pupils have one 70-minute lesson per week, which takes place on the school site. LGS aims to follow the National Curriculum activity areas including Athletic Activities, Health-Related Fitness, Gymnastics and Games. These lessons are delivered roughly on a 4-5-week rota basis. We also have the flexibility to be creative in our approach and this allows for pupils' to tailor their learning with our skilled practitioners.

Our students in Y6-10 are grouped according to their swimming proficiency, as it is imperative, we ensure that every child has the life skill of swimming and treading water.

The tables below outline activities in curriculum PE lessons. Usually, a house competition (where appropriate) follows a unit of work, either in Games or PE.

Activity	Prep	Year 7	Year 8	Year 9	Year 10
Athletic & Swimming Assessment	✓	✓	✓	✓	✓
Athletics	✓	✓	✓	✓	✓
Badminton			✓	✓	✓
Dance	✓	✓	✓		
Fundamental Movement Skills	✓				
Gymnastics	✓	✓	✓		
Health Related Fitness	✓	✓	✓	✓	✓
Swimming	✓	✓	✓	✓	
Short Tennis		✓			
Sports Leaders				✓	
Personal Survival					✓
Volleyball					✓

Year 11 PE pupils will have almost complete flexibility in their learning and will have an option to select a pathway of choice each term. This will follow a Sport Rotation or Wellbeing Rotation and the options are below as examples.

Term 1	Sport	Wellbeing	Term 1,2 & 3
Rugby 7s	✓	✓	Trampolining
Netball	✓	✓	Swimming activities
Boys' Hockey	✓	✓	Run Fit
Tennis	✓	✓	Indoor Rowing
Term 2		✓	Badminton
Cricket	✓	✓	Circuits
Tennis	✓	✓	Strength and Conditioning
Term 3		✓	Softball
Girls Hockey Skills	✓	✓	Tennis
Rugby Skills	✓	✓	Volleyball

SPORTS CLOTHING (KIT)

All sports kit can be purchased from:

www.schoolblazer.com

customerservices@schoolblazer.com

PHYSICAL EDUCATION CLOTHING

All kit items listed on the following pages are compulsory for pupils (unless otherwise stated).

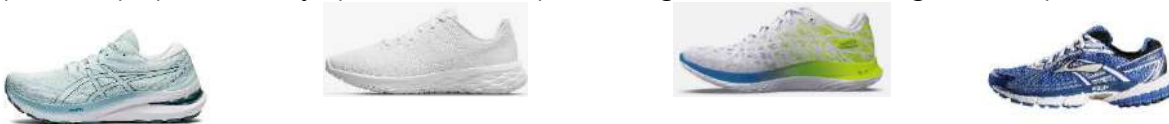
What to wear for PE:



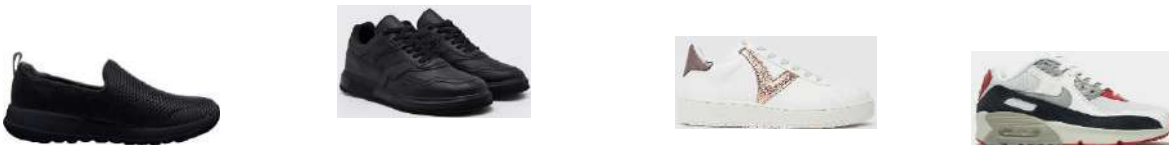
Swimming Kit Required: LGS Swimming costume or shorts (different styles available), Navy swim hat or LGS branded

Swimming Kit Optional: Goggles, Rash Vest.

Trainers should have non-marking soles and be specifically designed for sport/running, in order to protect pupils from injury. Some examples are given below as a guide only.



'Fashion' trainers would be deemed as unacceptable due to the lack of support offered – some examples for reference below.



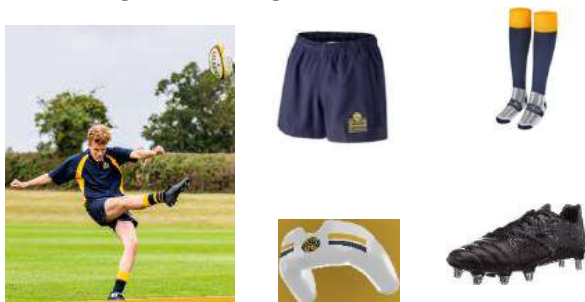
GAMES CLOTHING FOR BOYS

Pupils are expected to have the correct kit for each sports session. The specific requirements for each are listed below.

N.B. Mouthguards do not need to be branded, but we do recommend Titan or Opro as suppliers that offer fitting.

RUGBY

Reversible games shirt, Rugby shorts, Games socks, Mouth guard, Rugby/Football boots



HOCKEY

Reversible games shirt, Rugby shorts, Games socks, Mouth guard, Hockey astro's, (recommended) or trainers, Hockey stick, Shin pads.



CRICKET

Cricket trousers, LGS Cricket shirt, White socks, White cricket rubbers/ trainers, Personal abdominal protector (box) and a school cricket cap. A sleeveless/full cricket sweater is optional.



CRICKET SQUAD PLAYERS

White spikes are required.



N.B Helmets and full cricket equipment eg. Bat, pads, gloves etc. will be provided by the school, but once pupils become serious about cricket, their development will be greatly assisted by having their own equipment. If your child is unsure, encourage them to seek advice from Mr Potter before purchasing anything!

GAMES CLOTHING FOR GIRLS

Pupils are expected to have the correct kit for each sports session. The specific requirements for each are listed below.

N.B. Mouthguards do not need to be branded, but we do recommend Titan or Opro as suppliers that offer fitting.

HOCKEY

Reversible games shirt, Skort, Games socks, Mouth Guard, Hockey Astro boots (recommended) or Trainers, Hockey Stick, Shin Pads.



NETBALL

Reversible games shirt, Skort, White socks, Netball trainers (recommended) or trainers.



CRICKET

Reversible games shirt blue side out, cricket spikes or trainers (trousers will be available Spring 2023)



INCLEMENT WEATHER

Please note that at LGS we take our sport seriously and so, as you would expect, we will still train in whatever the British weather can throw at us! Therefore, we recommend purchasing a minimum of training pants, a midlayer, and baselayers in order to stay warm throughout the winter months, and a cricket slipover and school cap for the various British Summer conditions.

PERSONAL POSSESSIONS

Valuables

All valuables should be locked away in school lockers at the start of the school day.

For Games & PE lessons, pupils should leave their valuables in their lockers; changing rooms are locked for the duration of the lesson, but at certain points of the lesson/session are opened. Pupils need to ensure they have everything as we do not want pupils constantly re-entering the changing room once Games lessons have started.

If a valuable item (phone, wallet, keys) is lost, it should be reported to the pupil's Form Tutor. If valuable items are left by pupils at school, they are brought back to the main reception and handed into the main office for pupil collection.

Jewellery

Jewellery must not be worn for any PE or Games lesson and it is the pupils' own responsibility to remove it before the start of each lesson. Should your child be required to wear jewellery for medical or religious reasons, this should be taped over and completely covered by a sweat band. Permission should be sought for this from the Head of Year at the start of the year.

Earrings must be removed for every sports lesson and taping of these is not permitted. We therefore ask that **if your child wishes to have their ears pierced, they should do so at the start of the summer holidays** in order to allow for healing time, and to practise removing and replacing them.



COMPETITIVE SPORTS (FIXTURES)

What sports do we compete in?

Leicester Grammar School fields competitive teams regularly in:

Badminton
Hockey
Rugby
Netball
Tennis
Cricket
Cross-Country
Table Tennis
Swimming
Athletics

Where do we play them?

Our main home fixtures are played at school, either on the Astro, Courts, Pitches or Sports Hall.

Who do we play?

We play many of the top schools in Northamptonshire, Leicester, Nottingham and the Midlands during our Saturday and mid-week matches. We also enter a number of national competitions which may result in us travelling further afield.

Can my son or daughter compete in a number of sports?

In the lower years, pupils are greatly encouraged to represent the school in a multitude of sports (Saturday fixtures are usually reserved for our focus sports for that term, which also has Games lesson priority).

With the combination of Games lessons and co-curricular clubs, it is certainly possible to combine a number of sports. Training and fixture clashes are usually kept to a minimum. We also run sports for full seasons, in some capacity. This enables pupils to fully develop their skills and to participate over a greater time period.

What is the cancellation process for fixtures?

Pupils are informed of cancellations in school by staff, through the LGS sport website and/or by messages sent directly to them via daily notices and parentmail. If weekend fixtures are cancelled at short notice, the member of staff in charge of the team will update the sport website (<https://sports.leicestergrammar.org.uk/>), along with communicating home that the fixture is cancelled via email or parent mail. LGS Twitter feed (https://twitter.com/LGS_Sports) is another useful place to keep up to date with Sport at LGS and parents are encouraged to check both the website and Twitter regularly.

Team sheets

All team sheets are posted on the dedicated sports website - <https://sports.leicestergrammar.org.uk/> a minimum of 72 hours beforehand. Staff will try and ensure that as much logistical information is included on the team sheets but finish and return times may differ as they are estimates.

SCHOOL REPRESENTATION & SATURDAY SPORT

Being selected to represent Leicester Grammar School should be a source of great pride to a pupil and their family. If a pupil is selected for a team, we expect that they will be available to play in all fixtures. We hope that every pupil will want to play every time they are selected, mostly for the sheer pleasure of playing their sport, but also because they understand the responsibility of being part of a team. When any pupil is selected to play for the School (midweek or Saturday), that fixture must be their major priority.

However, we know that there are sometimes exceptional reasons why a pupil may not be able to play. Only the following three reasons excuse pupils from honouring fixture selection:

1. Playing County, regional or national sport
2. Illness
3. Serious family matter (for example a wedding, funeral or a relative's illness)

It is essential that parents follow the process below, to give the team the best opportunity to represent themselves and school.

- If parents are aware of an upcoming event that will mean their child is unavailable for selection (for example, a family wedding) they should check the fixture list here: <https://sports.leicestergrammar.org.uk>. If necessary, they should email the relevant Head of Sport (see contacts) to request that their child be excused. This should be done at the earliest opportunity and at least a week before the fixture.
- If the request for absence is made at less than a week's notice, parents should email the Director of Sport. It is important that parents give at least 72 hours' notice, or a request is likely to be refused. In a genuine emergency we will excuse pupils at less than 72 hours' notice, but this causes real difficulties and is something we try to avoid.
- If a pupil misses a match or fixture and their parents have not followed this procedure, the pupil is likely to receive a school sanction. This is something that we all want to avoid!

All fixtures are scheduled onto the sports calendar and are available to view from the start of term. The only exception to this will be for County and National Cup playing dates, which are provided externally at much shorter notice. Details of fixtures can be found via the main school website or directly on this link: <https://sports.leicestergrammar.org.uk/> Parents will also be contacted directly at the start of the year with information as to how to access this resource and take advantage of its ability to synchronise with mobile phone calendars. It is good practice for parents to sit down with their child at the start of term to check this calendar against any outstanding family commitments. Staff should be informed of any major commitments as early as possible.

The PE Department also asks that parents carefully consider arrangements for their child's birthday parties, mid-week day birthday meals, driving lessons and any other treats which directly affect their child's regular weekly commitment to practices and matches as well as weekend fixtures. Further information regarding this is available on the main school website.

SPORT SCHOLARS' PROGRAMME, AWARDS & GIFTED AND TALENTED

Sports Scholarships are available at 11+ and in the Sixth Form. All details on how to apply are available on the school website [here](#).

The School offers a comprehensive programme for those awarded Sport Scholarships. Its main principle is to support and guide our pupil athletes the best way we can.

We expect the following from our Sport Scholars:

- To be an excellent role model and ambassador for LGS Sport
- A willingness to respond to the sporting demands placed upon them
- A commitment to demonstrating initiative and to taking responsibility for their sporting development both within and beyond the curriculum
- To participate in the many and varied sport-related opportunities offered by the School
- Achieve consistently good or better grades in both effort and achievement for PE and Games
- Demonstrate a commitment to the development and success of the sports programme
- Attend all lectures, workshops and seminars in the scholarship programme where appropriate
- Consistent and effective communication with staff.

Pupils may be selected for the Gifted and Talented programme, in which additional support will be provided, this is co-ordinated by Mr Blackhall.

We would expect most pupils to be identified through our sports scholarship programme, alongside identification by individual Heads of Sport. However, should you feel that this programme is suitable for your child, please do not hesitate to contact the Director of Sport or Assistant Director of Sport for further discussion.



SPORTS TOUR & TRAINING CAMP SELECTION PROCEDURES

Sports tours form an essential part of a 'higher and wider' concept and contribute significantly to the holistic education in which we believe. Sports tours can give pupils the opportunities they would otherwise not have and help in promoting the School as an institution of engagement, excellence and endeavour.

Sports tours motivate pupils, build a 'whole school' spirit and stimulate improvement in sport. They also have cultural and educational value and form part of a wider co-curricular programme. Previous touring destinations have included; Holland, Scotland, Portugal, Canada, Barbados, Sri Lanka and many more.

LGS strives to:

- Ensure that tours are affordable and attainable.
- Provide the opportunity for performance, aspiration and participation strands where possible
- As a mixed independent day school, provide tours for single sex, mixed sex and mixed aged groups across a variety of sports
- Include an element of cultural exchange
- Provide an opportunity for short haul and a long-haul tour option in the seven years a student is at the School
- Offer touring opportunities across a range of sports

Tour Guidelines

- Not all long-haul tours will be for Senior pupils. Some long-haul tours may include younger age years
- Pupils must represent the School on a regular basis to attend
- All tours will be based on clear selection criteria based on attitude, aptitude and attendance
- Performance tours will generate suitably strong competition and should be seen as a culmination of reaching the pinnacle of sporting performance.



LGS SPORT CODE OF CONDUCT

The LGS Sport Code of Conduct applies to pupils, parents, spectators and visitors and is aimed at providing a set of principles for all to adhere to.

LGS pupils should:

- Show the highest standards of behaviour in never challenging the decisions of the referee/umpires/officials of the contest.
- Shake hands and thank the referee/umpires/officials and the opposition for the contest.
- Show the highest standards of behaviour throughout sporting situations including travel to and from matches.
- Set ourselves the highest standards of dress, both in and outside the competitive arena.
- Enthusiastically support the efforts of all our players when on the side-lines, and respect the decisions of all match officials.
- Communicate effectively with our coaches and staff in any possible situations that may require absence according to the school extra-curricular and fixtures policy.

We will give nothing less than 100% endeavour in our pursuit of winning whilst enjoying and contributing to Leicester Grammar School sport.

LGS parents/spectators/visitors

We value hugely the support shown by parents at sporting fixtures both home and away. Our pupils play sport because they enjoy it and we want you to enjoy the fixtures as much as they do. We request that all spectators show both teams, officials and coaches the respect they deserve.

RETURN 2 PLAY

Managing concussion at LGS - Return 2 Play

If your child is in Year 6 or above, they have been automatically enrolled. This means that if they do sustain a head injury you will immediately be able to access support from Return 2 Play.

If you haven't already, please do log on the Return 2 Play system, so that you know how to use it if your child sustains a head injury.

<https://www.return2play.org.uk/>

Many parents are unable to recall the initial password sent to them, therefore, if you click on "Forgot Password" on the home screen you will be able to reset it. If you do come across a problem, please contact Mrs Parsons to assist you.

Once a pupil has been logged onto the system and received a diagnosis of concussion, here is the recovery timeline and graduated return to play pathway you can expect them to follow:

Time since injury (earliest day)	Activity Level
0-2 days	Relative rest
Medical Assessment <i>to confirm diagnosis and give recovery advice</i>	
3-7 days	Light activity Gentle walks etc. <i>Activity level shouldn't leave you breathless</i>
8 days onwards	Low risk exercise & training Gradual increase in self-directed exercise – running, stationary bike, swimming, supervised weight training etc. Focus on fitness Can introduce static training drills (eg passing/kicking). Only drills with NO predictable risk of head injury
R2P Doctor Assessment <i>to assess fitness to start a formal return to sport and advise on timeframes</i>	
15 days onwards	Gradual return to sports training Starting with non-contact and gradually building up complexity and intensity. Introduction of contact in the final stages
R2P Doctor Assessment <i>to assess fitness to return to unrestricted sport, including matches</i>	
Day 21	Earliest return to competitive sport/matches

If a pupil has been told they can commence low risk exercise and training, the school should be able to accommodate this as part of their PE or Games lesson. The Return 2 Play system also works alongside SOCs (our fixture software) which means that staff will also be alerted to that your child is still on the Return 2 Play playway and that they are following the protocol.

Return 2 Play also provide free e-learning modules for parents and pupils should you wish to access them:

- Go to <https://education.return2play.org.uk>
- Select the course for you
- Select 'Buy Now'
- Select 'Have a coupon?'
- Enter the school's coupon: r2pclient1

CONTACTS

Mr J McCann	Director of Sport	mccannj@leicestergrammar.org.uk
Mr G Blackhall	Assistant Director of Sport	blackhallg@leicestergrammar.org.uk
Mr M Stubbs	Head of Academic PE	stubbsm@leicestergrammar.org.uk
Ms A Rothwell	Head of Hockey	rothwella@leicestergrammar.org.uk
Mr G Blackhall	Head of Rugby	blackhallg@leicestergrammar.org.uk
Mrs F Beaumont	Head of Netball	beaumontf@leicestergrammar.org.uk
Mr A Fletcher	Head of Boys' Cricket	fletcher_a@leicestergrammar.org.uk
Mrs N Laybourne	Head of Girls' Cricket	laybournen@leicestergrammar.org.uk
Mr L Godsmark	Head of Tennis	godsmarkl@leicestergrammar.org.uk
Mrs N Cresswell	Sports Centre Manager	cresswelln@leicestergrammar.org.uk
Mrs J Parsons	School Nurse	schoolnurse@leicestergrammar.org.uk
	Ausden Clark Coach Company	0116 262 9492

Lost property enquiries should be directed to the following, in ascending order:

- Your child's Form Tutor
- Sports Centre Manager
- Head of Year